

Exeter 10K Results

<u>Pos</u>	<u>Num</u>	<u>Name</u>	<u>Surname</u>	<u>Club</u>	<u>Cat</u>	<u>Time</u>
1	528	Peter	Heckles		SM	40.43
2	514	Josh	Sleeman		SM	45.49
3	512	Jack	Harrison	Promenade Plodders	SM	47.50
4	504	Benjamin	Thomson		SM	49.30
5	511	Ian	Mclean		M55	49.30
6	8	Julian	Jones		M50	51.33
7	506	Craig	Townsend	City Community Trust	M45	53.04
8	358	Tracey	Lloyd		F50	53.28
9	531	Sarah	Lakey		F40	54.24
10	518	Kavita	Solder	Woodford G. & Essex L.	SF	55.54
11	519	Laura	Wilderspin		F40	56.34
12	510	Erin	Woodgates		F35	58.10
13	515	Kathryn	Elcoate		F40	58.13
14	503	Bec	Davey	Axe Valley Runners	F45	59.27
15	517	Katie	Hodge		SF	59.38
16	508	Deborah	Hodge		F55	61.40
17	525	Michael	Francis	Emersons Green Running	M50	61.40
18	501	Andy	Jacobsen		M50	63.37
19	521	Lesley	Adams	Axe Valley Runners	F60	64.18
20	500	Abigail	Cobby	Promenade Plodders	SF	66.26
21	524	Melanie	Lucas		F45	71.57
22	502	Bea	Morris		SF	72.59
23	527	Olivia	Morris		SF	72.59
24	529	Sally	Jelffs		F55	75.07
25	516	Katie	Howard		F35	77.07
26	526	Morag	Dawson	Heavitree Running Group	M40	77.11
27	523	Mathew	Hard		SM	92.07
28	520	Lauren	Hard		SF	92.07