

Exeter Half Marathon 2019 Sunday Results

<u>Pos</u>	<u>Num</u>	<u>Name</u>	<u>Surname</u>	<u>Club</u>	<u>Cat</u>	<u>Time</u>
1	466	Paul	Sawford	Carn Runners	M50	1:22:48
2	736	Alex	Macdonald		SM	1:23:23
3	420	Simon	Tucker	South West Road Runners	SM	1:24:10
4	738	Matt	Cole		SM	1:26:25
5	686	Thomas	Lambert	Lewes Athletics Club	SM	1:30:23
6	458	Preecha	Intamart	Riviera Racers	SM	1:30:37
7	489	Ian	Collacott		SM	1:31:35
8	543	Justyn	Coates		SM	1:31:42
9	674	Nick	Westcott		M40	1:32:57
10	461	Jo	Hudson	Plymouth Harriers	F35	1:33:06
11	634	Kate	Wright		SF	1:34:01
12	512	Stewart	Downie	North Bristol Triathlon Club	SM	1:34:30
13	639	Dominic	Lay		SM	1:35:09
14	499	Reg	Gilbert	Tamar Trotters	SM	1:38:08
15	664	George	Flagg		SM	1:38:12
16	614	David	Forman-Cummings		M45	1:38:22
17	432	Tobias	Charles		SM	1:38:28
18	519	Ben	O'Neill		SM	1:38:40
19	776	Dominic	Hughes		SM	1:38:51
20	476	Wayne	Bond		M45	1:39:15
21	789	Tom	James		SM	1:39:34
22	636	Tim	Searle		M50	1:39:56
23	469	Olly	Howe		SM	1:40:02
24	405	Mark	Smitheram	Carn Runners	M45	1:40:26
25	679	Noah	Longley		SM	1:40:55
26	752	Tim	Ashman		SM	1:42:46
27	756	Sasha	Mabbott		SF	1:43:03
28	545	Louise	Bennett		F35	1:43:08
29	410	Paula	Ferris	Honiton Running Club	F40	1:43:17
30	754	Hugh	Cort		SM	1:43:17
31	753	David	Brown	St Petrocs Dragons	M50	1:43:26
32	429	Lisa	Friday	Hayle Runners	F35	1:43:28
33	511	Sian	Thomas		F35	1:43:30
34	437	Thomas	Murphy		SM	1:44:04
35	767	Isabel	Alexander		SM	1:44:35
36	730	Robert	McGuffie		M40	1:44:52
37	441	Greg	Laybourn		M45	1:45:08
38	735	Christopher	Roberts		SM	1:45:18
39	438	Luke	Clarkson		SM	1:45:32
40	673	Shey	McNiffe		SM	1:45:38
41	479	Adam	Welch	Lonely Goats RC	SM	1:45:38

42	737	Rhiannon	Masters		SF	1:45:41
43	607	Paul	Allan		M50	1:45:43
44	455	Caoimhe	Pettingell	North Devon Road Runners	F35	1:45:43
45	570	Patrick	Swain		SM	1:45:47
46	645	Adam	Claridge		SM	1:45:54
47	480	Nicola	Gearing	Tri Logic Cornwall	F35	1:45:59
48	682	Katrina	Venner		F40	1:46:48
49	451	Alison	Catnach	Looe Pioneers	F40	1:47:13
50	615	Molly	Healy		SF	1:47:38
51	402	Ryan	Howes		SM	1:47:39
52	742	Charles	Cutland		SM	1:47:41
53	563	Daniel	Razey		SM	1:48:42
54	478	Craig	Vaughnley	East Cornwall Harriers	M45	1:49:18
55	758	William	Ashton		SM	1:49:25
56	445	Laura	Cleverly		SF	1:50:01
57	725	Ben	Sullivan		SM	1:51:02
58	474	Mike	Kestle	Newquay Road Runners	M65	1:51:15
59	407	Simon	McCann	Village Vipers	M45	1:51:49
60	676	Alistair	Houlston		SM	1:51:59
61	728	Barry	Hitchens		M50	1:52:04
62	423	Andreas	Kottering		M55	1:52:10
63	719	Richard	Corner		M50	1:52:23
64	726	Debbie	Proctor		SF	1:52:38
65	580	Nicki	Leadbetter		F45	1:52:49
66	485	Richard	Nettleship	Tavistock AC	M50	1:52:51
67	627	Amy	Taylor		SF	1:52:55
68	755	Amber	Smith		SF	1:52:56
69	426	Hannah	Brown	Tiverton Harriers	SF	1:53:31
70	769	John	Outhwaite		M65	1:53:37
71	495	Tracey	Lloyd	South West Road Runners	F50	1:53:41
72	659	Tamar	Morton-Clark		SF	1:53:42
73	655	Elizabeth	Yeo		SF	1:53:49
74	680	Abigail	Morris		SF	1:53:55
75	630	Eve	Dudley		SF	1:54:04
76	567	Sandra	Harrison		F45	1:54:32
77	535	Tom	McCann		SM	1:54:40
78	667	Alastair	Humphrey		SM	1:54:54
79	467	Nicola	Bertho	St Austell Running Club	F40	1:55:10
80	683	Ben	Rayner		M40	1:55:14
81	681	Chris	Watson		M45	1:55:35
82	592	Emily	Taylor		SF	1:55:48
83	450	Zoe	Partridge	Haldon Trail Runners	SF	1:55:50
84	763	Dominic	Kirwan		SM	1:56:01
85	749	Sally	Holcombe		SF	1:56:22
86	514	Richard	Uren		SM	1:56:32

87	551	Jon	Hollidge		M50	1:56:37
88	490	Brigitte	Taverna	Plymstock Road Runners	F40	1:56:57
89	770	Olivia	Hancock-Tomlin		SF	1:57:11
90	483	Angela	Kerr	Axe Valley Runners	F60	1:57:16
91	675	Sam	Meyer		F40	1:57:19
92	661	Robert	Ansell		SM	1:57:26
93	431	Josie	Hassall		SF	1:57:26
94	572	Scott	Curnow		M45	1:57:30
95	766	Greg	Minms	Greenbow Running Club	SM	1:57:31
96	643	Imogen	Williams		SF	1:57:38
97	642	Georgina	Stevens		SF	1:57:38
98	713	Tim	Nicholas		M50	1:57:40
99	747	Lorne	Falconer		SM	1:57:46
100	464	Liz	Cane	Erme Valley Harriers	F40	1:57:58
101	612	Steph	Chapman		SF	1:57:59
102	538	Rachael	Bennett		F50	1:57:59
103	724	Phoebe	Codrington		SF	1:58:01
104	561	Rich	Rossiter		SM	1:58:13
105	619	May	Argyle		SF	1:58:36
106	732	Susan	Howells		SF	1:58:42
107	590	Rachel	Pearce		SF	1:58:46
108	669	Olivia	Woosey		SF	1:58:46
109	772	Kathryn	Elcoate		F45	1:59:19
110	765	Harry	Johnson		SM	1:59:23
111	487	Emma	Webber	Tavistock AC	F35	1:59:29
112	762	Alice	Jeacock-Fewtrell		SF	1:59:38
113	720	Martin	Williams		M45	1:59:47
114	584	Chloe	Nott		SF	1:59:59
115	454	Rachel	Tarr	Bristol Up And Runners	F40	2:00:11
116	595	Antony	Waters		M40	2:00:16
117	594	Dani	Waters		SF	2:00:16
118	417	Rebecca	Allen	Carn Runners	SF	2:00:25
119	685	Marion	Humphrey		SF	2:00:37
120	581	Donal	Hynes		M60	2:00:48
121	473	Adrian	Mountford		M45	2:00:53
122	482	Danielle	James	Tavistock AC	F35	2:01:09
123	509	Jayne	Eddy		F45	2:01:10
124	696	Sarah	Delap		SF	2:01:21
125	582	Billie	Hewitt		SF	2:01:26
126	583	Alex	Mudge		F35	2:01:26
127	787	Rebecca	McDonnell		SF	2:01:30
128	677	Amanda	Day		F40	2:01:30
129	760	Emma	Taylor		F35	2:01:33
130	510	Helen	Doolan		F35	2:01:46
131	759	Victoria	Viggers		F40	2:02:04

132	740	Rosie	Evans		SF	2:02:21
133	556	Paul	Powell		M50	2:02:25
134	768	Sabrina	Fisher		F35	2:02:31
135	712	Elisha	Nicholas		F35	2:02:35
136	415	Gary	Wood	Cirencester	M45	2:02:41
137	447	Fiona	Herbert		SF	2:02:52
138	707	Rachel	Cooper		SF	2:02:55
139	734	Karen	Roberts		SF	2:03:12
140	633	Rhiannon	Sabine		SF	2:03:16
141	672	Jessica	Whittock		SF	2:03:16
142	537	Angela	Husband		F40	2:03:42
143	780	Kevin	Simmonds		M40	2:03:46
144	494	Debbie	Collins	Meon Valley Runners	F40	2:03:46
145	440	Benjmain	Aldous		M40	2:03:50
146	534	Lynne	Marshall		F45	2:04:08
147	718	Fiona	Weber		F45	2:04:45
148	651	Cheryl	Boulton	Sidmouth Running Club	F45	2:06:14
149	430	Becky	Lee	Hayle Runners	F50	2:06:20
150	786	Michael	Habgood		SM	2:06:22
151	600	Tina	Steer		F35	2:06:24
152	644	Charlotte	Claridge		SF	2:06:57
153	717	Eleanor	Bream		SF	2:07:29
154	498	Dave	Cleeve	Tiverton Harriers	SM	2:07:33
155	611	Guy	Turner		M45	2:07:38
156	624	Bella	Hill		SF	2:07:44
157	702	Giles	Boon		SM	2:07:48
158	442	Lorna	Irish		SF	2:07:56
159	628	Steven	Welch		M40	2:07:56
160	577	Alistair	Caird		M40	2:07:57
161	652	Nicola	Finch		SF	2:08:05
162	525	Julie	Burnage		F50	2:08:09
163	470	Caroline	Storey		SF	2:08:12
164	418	Tracey	Vincent	Southville Running Club	F45	2:08:13
165	687	Augusta	Trussell		SF	2:08:22
166	471	Sarah-Jane	Sinclair	Plymouth Musketeers	F45	2:08:26
167	472	Julie	Cook	Plymouth Musketeers	F45	2:08:26
168	778	Kate	Perkins		F35	2:08:37
169	688	Ceri	Shilling		F35	2:08:45
170	656	Matthew	Jones		SM	2:08:47
171	409	Rod	Cooper	Ripon Runners	M55	2:08:58
172	695	Chun Yiu Dexter	Lee		SM	2:09:16
173	689	Charles	Edmonds		M40	2:09:19
174	568	Dawn	Walker		F45	2:09:35
175	723	Emily	Foote		SF	2:09:44
176	705	Rebecca	Church		SF	2:09:49

177	553	Ashling	Hickey		SF	2:09:55
178	452	Peter	Catnach	Looe Pioneers	M55	2:10:20
179	401	Kelly	Bills		F40	2:10:26
180	744	Lily	Long		SF	2:10:33
181	745	Rachael	Down		SF	2:10:47
182	597	Wendy	Crockford		F50	2:11:05
183	693	Rene	Bahar		SF	2:11:10
184	678	Stewart	Biddles		M40	2:11:17
185	790	Jayne	Palmer		F45	2:11:18
186	779	Maisha	Kroll		SF	2:11:21
187	704	Katie	Ackland		SF	2:11:22
188	424	Lisa	Gower	Tri Logic	F45	2:12:30
189	427	Grace	Mitchell-Kilpatrick		SF	2:12:38
190	641	Emma	Borch		SF	2:12:47
191	623	Abigail	Leone		SF	2:13:31
192	588	Amy	Palmer		SF	2:13:41
193	477	Carolyn	Bond		F45	2:13:43
194	539	Amy	Bond		SF	2:13:46
195	650	Becca	Aspden		SF	2:13:47
196	733	Jessie	Wellington		SF	2:13:55
197	722	Edward	Skinner		SM	2:14:20
198	703	Yee Jin	Lim		SF	2:14:28
199	449	Peta	Aspden	Running Forever RC	F45	2:14:35
200	564	Emma	Tyjas		F50	2:14:36
201	668	Stephen	Drury		M60	2:14:54
202	421	Kathryn	Volkelt-Igoe		F60	2:15:05
203	646	Chris	Henshaw		M55	2:15:11
204	691	Andrew	Taylor		SM	2:15:16
205	692	Lucy	Taylor		SF	2:15:17
206	782	Peter	Holian		M60	2:15:17
207	783	Sarah	Clements		SF	2:15:18
208	731	Karen	Pearce		SF	2:15:19
209	748	Morgan	Smith-Allen		SM	2:15:24
210	526	Timoth	Cox		M45	2:15:56
211	527	Kim	Robinson		F40	2:15:56
212	446	Katherine	Woods		SF	2:16:01
213	629	Gill	Batten		F50	2:16:30
214	788	Anola	Daniell		SF	2:16:41
215	486	Ian	Jones	Tavistock AC	M65	2:17:00
216	481	Sarah	Prior	Tavistock AC	F45	2:17:00
217	699	Tom	Denman		SM	2:17:01
218	536	David	Badham		M50	2:17:09
219	468	Naomi	Lee		SF	2:17:16
220	460	Peter	Pascoe	Carn Runners	M50	2:17:35
221	746	Grahame	Wright		M45	2:17:50

222	524	Timothy	Henry		M40	2:18:45
223	775	Gemma	Parker		SF	2:20:26
224	785	Leo	Norman		SF	2:20:44
225	523	Jaana	Jarvinen-Henry		F35	2:21:20
226	631	Dominique	Cruz		F35	2:21:39
227	544	Lily	Crowther-Smith		SF	2:21:43
228	547	Sophie	Moore		F45	2:22:04
229	697	Craig	Sanderson		SM	2:22:16
230	698	George	Walmesley White		SM	2:22:17
231	533	Kaye	Liley		F45	2:22:30
232	550	Dianne	Hollidge		F45	2:22:46
233	739	Jessie	Retallick		F35	2:22:53
234	443	Megan	Butler		SF	2:22:58
235	444	Anya	Butler		SF	2:22:58
236	684	Debs	Hosford		SF	2:23:07
237	657	Emily	Snow		SF	2:23:11
238	462	Lynn	Allen	Bodmin Womens RC	F40	2:23:14
239	560	Alice	Giles		SF	2:23:36
240	711	Anjuli	Valera		SM	2:24:12
241	654	Hannah	Poile		F35	2:24:58
242	516	Hollie	Trudgeon		SF	2:25:04
243	513	Phil	George		SM	2:25:06
244	505	Thomas	Carson		SM	2:25:06
245	579	Cliffe	Tribe		M55	2:25:12
246	416	Grace	Sycamore	Hayle Runners	SF	2:25:16
247	562	Kathryn	Sycamore		F45	2:25:19
248	640	Laura	Greenhill		F45	2:25:25
249	610	Erin	Hayward		SF	2:26:16
250	591	Harriet	Koettering		SF	2:26:20
251	422	Katherine	Opie-Smith		F50	2:26:21
252	653	Sarah	Strippel		F35	2:27:17
253	648	Julian	Hember		M45	2:27:26
254	507	Tina	Riggall		F45	2:28:03
255	626	Natalie	Andrews		SF	2:28:03
256	622	Sarah	Prout		SF	2:28:09
257	448	John	Jardine		M45	2:28:14
258	609	Teresa	Morris		F40	2:28:45
259	665	Joanne	Smith		F40	2:29:31
260	566	Mandy	Vaughan		F50	2:31:25
261	616	Matthew	Pressey		SM	2:31:56
262	771	Christopher	Marsh		SM	2:32:05
263	484	Martin	Kerr	Axe Valley Runners	M65	2:32:11
264	412	Julie	Morris	Women On The Run	F45	2:33:08
265	774	Lara	Mayers		SM	2:33:11
266	492	Elysia	Ostrer		SF	2:33:12

267	647	Nikki	Hampton		F40	2:33:20
268	518	John	Rhodes		M55	2:34:17
269	625	Carl	Rayner		M45	2:34:17
270	700	Alicia	Ellwood		SF	2:34:51
271	701	Linda	Hunter		F55	2:35:48
272	791	Imogen	Coltrini		SF	2:36:21
273	764	Sarah	Osborne		F35	2:36:23
274	435	Elizabeth	Searle		F75	2:36:23
275	571	Yasmin	Ziyada		SF	2:37:24
276	757	Mark	White		SM	2:39:00
277	716	Ellen	Richards		F40	2:39:34
278	408	Christine	Cooper	Ripon Runners	F55	2:41:02
279	727	Charlotte	Ott		F45	2:42:46
280	548	Sally	Booth		F50	2:45:38
281	496	Emma	Prizeman	Storm Plymouth	SF	2:45:39
282	404	Jo	Smitheram	Carn Runners	F40	2:48:43
283	459	Jeanette	Toy	Carn Runners	F45	2:48:45
284	502	Victoria	Cassels		SF	2:49:07
285	475	Katherine	Govier		SF	2:49:09
286	554	Deborah	Emery		SF	2:50:53
287	521	Heidi	Clode		F35	2:51:21
288	522	Claire	Rogers		F40	2:51:22
289	517	Sarah	Culverhouse		SF	2:51:23
290	565	Chris	Pearn		M45	2:52:46
291	558	Julie	Cunningham		F45	3:01:45
292	503	Nickki	Chadwick		SF	3:13:01
293	463	Carole	Hodges		F65	3:13:35